



**Health and Human
Performance Minor**
MIEXSHHP.2017 (mrs 1320)
14-16 credits

Effective Date: 09/2017

Name of Student:		
Student ID #:		Graduation Date
Home Country:	<input type="checkbox"/> IWORK	
Advisor:	Name	Date

Required Coursework							1 Credit
<i>Course #</i>	<i>Title</i>	<i>Hr.</i>	<i>Prerequisites</i>	<i>Offered</i>	<i>Sem.</i>	<i>Grade</i>	
EXS 177	Lifestyle Management	1		F,W,S			
Electives – Choose at least 5 courses							13-15 Credits
EXS 270	Sports Nutrition	3		F,W			
EXS 339	Measurement and Evaluation	3		S			
EXS 409	Sports Psychology	3	Junior or Senior Status	F,W			
EXS 420	Physical Activity and Public Health	3		S			
HLTH 135	Health in Marriage and Pregnancy	2		W			
HLTH 221	Substance Use and Abuse	3		S			
HLTH 230	Health Issues and Problems	2		F			
HLTH 369	Community Health	3		F			
Total Credits Mapped for Graduation:							

All passing grades will be accepted in fulfilling minor or certificate requirements.